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Dear Miles of Hope Family,

Over the past 15 years, Miles of Hope has funded support services and outreach for our neighbors affected by breast cancer within Columbia, Dutchess, Greene, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester Counties in New York.

This year, a 29 year old young woman named Mary came to us with her mother to apply for help after receiving a breast cancer diagnosis. She was having trouble accepting the reality of her situation at such a young age and found it hard to talk about it. Her mother was taking care of her and helping as much as she could, but Mary lived by herself and her mom was still working. Missing days of work to undergo chemotherapy, Mary fell behind on some of her bills, including her electric and car insurance bills. We were able to pay \$417.98 for her car insurance and \$551.65 for her electricity through the Miles of Hope Medical Gap Care program.

The many heartfelt "Thank You" letters from all the local women like Mary whom we help are a tribute to our assistance. In 2017, Miles of Hope helped Mary and many other clients, covering \$180,000 in payments for services such as:

-  Medical Expenses
-  Utilities
-  Housing
-  Transportation
-  Personal Expenses

This assistance could not be possible without you.

With your help, Miles of Hope has grown to help more people in need, but there's still more to be done. One in eight women will develop invasive Breast Cancer over the course of their lifetimes and even those *with insurance* are finding out of pocket costs are a heavy burden to bear. Our neighbors need our help and you can feel good that 100% of your donation stays within our nine Hudson Valley counties. Please consider giving generously so our friends, neighbors, and families can receive even more support.

On behalf of the Miles of Hope Board of Directors, best wishes for good health in the New Year,

Dr. Joel Canter, Chairman
Cathy Varunok, Co-Founder
Dana Effron, Co-Founder
Pari Forood, Executive Director